

Installation Manual for VHM-25™ Series Arms Slide-In Mounting Plate for Bottom-Mounted Devices Channel Mount



Install Time: 10-15 minutes

The purpose of this manual is to describe general installation and adjustment procedures for VHM-25™ Series Arms. This manual should be used in conjunction with any instrument-specific installation guides used in mounting the device. Please read this manual and all instrument-specific installation material before installing or using this product.

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1.0 Parts Reference

The following parts and hardware are included with this installation kit and labeled accordingly:

Item #	Description	Qty
1	VHM-25 Channel Mount Arm	1
2	1/8" and 5/32" Hex Wrench	1 Ea.
3	Adjustable Stop	1
4	16 in. [40.6 cm] Wall Channel Cover (includes instructions)	1
5	Cable Clamps, 1/4" and 3/16" Cable Diameters	3 Ea.
6	8-32 x 5/16" Pan Head Machine Screw (PHMS)	4

2.0 Tools required

The tools listed below are required to install and adjust the VHM-25.

Provided

- 1/8" Hex Wrench
- 5/32" Hex Wrench

Not Provided

- #2 Phillips Screwdriver
- 1/2" (13mm) Socket Wrench
- 3/4" (19mm) Socket Wrench

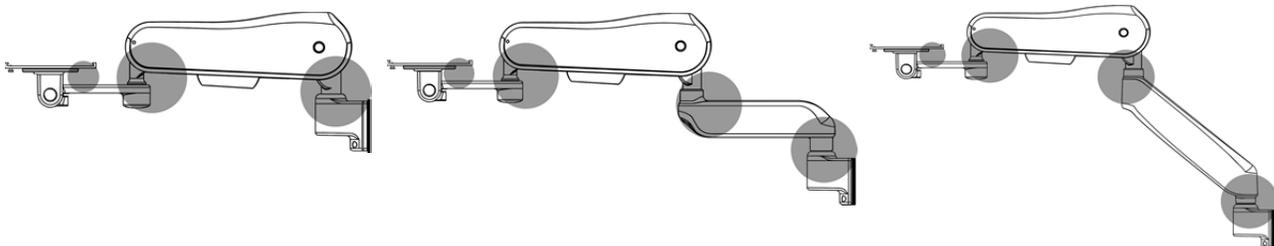
3.0 Installation and Maintenance Warnings

This section contains warnings regarding the installation and maintenance of the VHM-25 Arm. This section must be read in its entirety before installing and maintaining the VHM-25 Arm. Failure to follow these warnings may result in damage to equipment or injury to personnel.

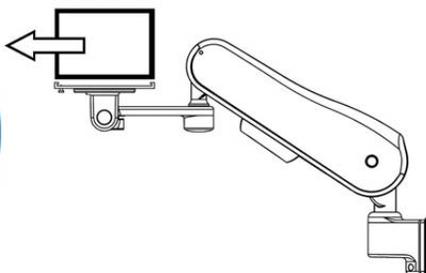
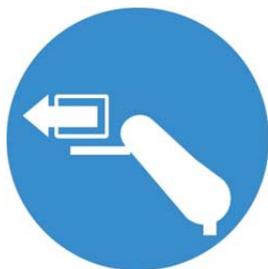


Warnings

- Do not position the VHM-25 Arm or mounted device above a patient. Note that the VHM-25 Arm has a wide range of motion both up/down and side to side. Please consider carefully the device being mounted and the proximity of the mounting assembly to other equipment, hospital personnel, and the patient. GCX recommends that the hospital's risk management personnel verify that the application is appropriate prior to installation and use of the VHM-25 Arm.
- Before the VHM-25 Arm is channel mounted, verify that the channel has been installed and approved in accordance with the channel installation guide. [www.gcx.com / Support / Wall Channel Installation](http://www.gcx.com/Support/WallChannelInstallation).
- Ensure that the weight of the device being mounted is within the weight limit of the VHM-25 Arm – Refer to labeling on the VHM-25 Arm.
- Do not use power tools to make any adjustments on VHM-25.
- The mounted device or arm may move suddenly due to normal wear or improper tension adjustment of articulating joints (see Sections 6.2 through 6.5), improper counterbalance (Section 6.1) or ultimately, gas spring end of life. The gas spring has a limited life span and will lose some strength over a long period of time. The VHM-25 Arm must be inspected and maintained at least once a year. This inspection must include the steps outlined in Section 9.0.
- Due to risk of personal injury or damage to the equipment, the VHM-25 Arm housing must never be disassembled by non-GCX personnel. Failure to comply will void the warranty.
- Note that the VHM-25 Arm has a wide range of motion both up/down and side to side. Please consider potential Pinch Points that may cause personal injury.



- Remove the device only when the VHM-25 Arm is at the highest position. Due to the counter balance function, the VHM-25 Arm will naturally rise to the highest position when weight is removed. This can happen suddenly if the weight is removed at any height other than the highest point.



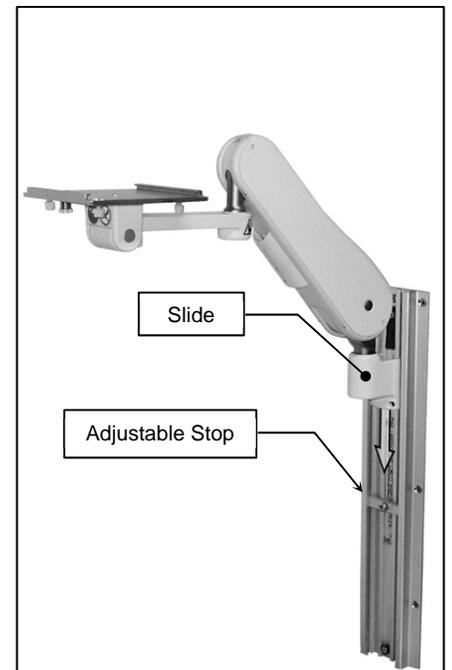
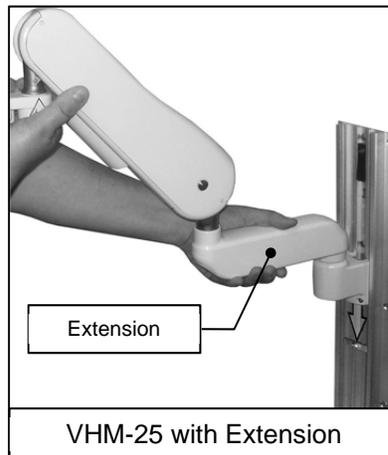
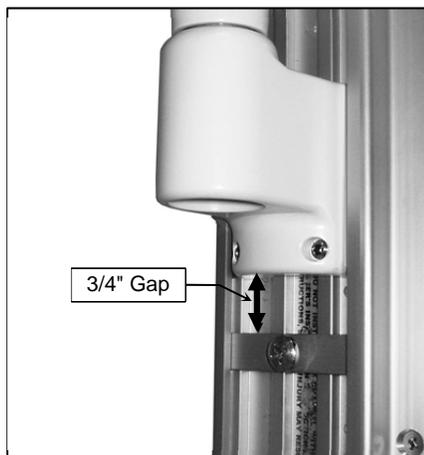
4.0 Installing the VHM-25 Arm in a GCX Channel

- 4.1 Install Adjustable Stop in top of Channel and slide to desired mounting position. Making sure the Adjustable Stop is level, tighten center screw with a #2 Phillips screwdriver to secure position.



- 4.2 While supporting the bottom of the VHM-25 Arm, guide the Slide into the top of the Channel (right) and position it so there is a $\frac{3}{4}$ " gap between the Slide and Adjustable Stop (below left).

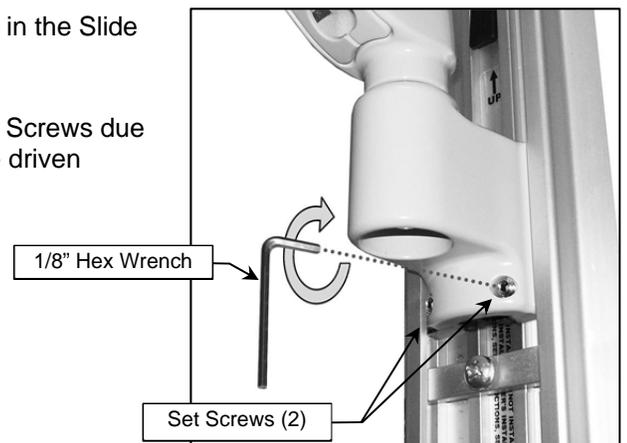
Installation Note: The VHM-25 Arm with Extension may require additional support under the extension while mounting in channel (below center).



- 4.3 Using a 1/8" hex wrench (supplied), tighten (CW) the (2) set screws in the Slide to secure position of Arm.



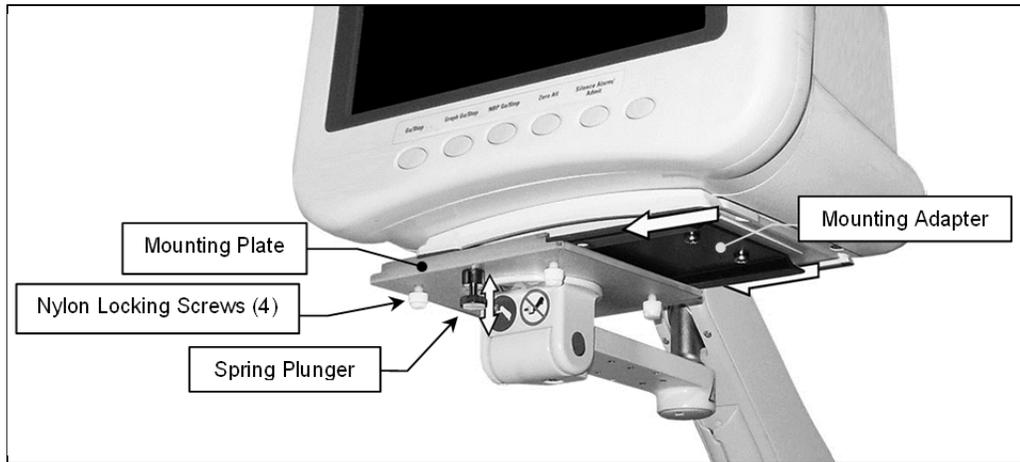
Installation Note: There will be resistance when turning the (2) Set Screws due to the locking patch material on the threads. The screw tips must be driven against the channel to secure the Arm.



5.0 Mounting a Device on the VHM-25 Arm

Most devices will require a device-specific Mounting Adapter for use with the VHM-25 Arm. Mounting Adapters are sold separately, please contact GCX or the device manufacturer for the correct Mounting Adapter. Mount the adapter in accordance with instructions included with the Mounting Adapter.

- 5.1 Pull Spring Plunger at the front of the Mounting Plate and slide device laterally into the Mounting Plate until the Plunger snaps into the clearance hole at the front of the Mounting Adapter. Tighten the Nylon Locking Screws located on bottom of the Mounting Plate.

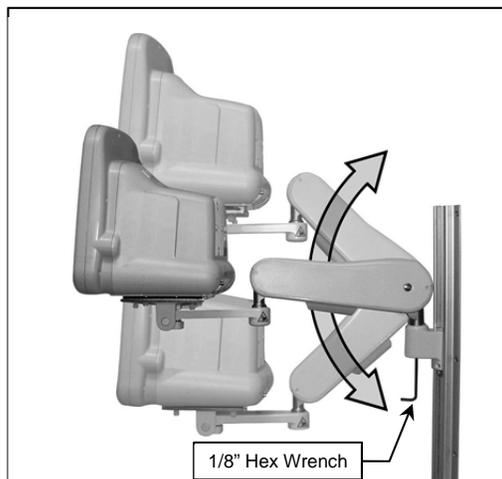


6.0 Adjusting the VHM-25

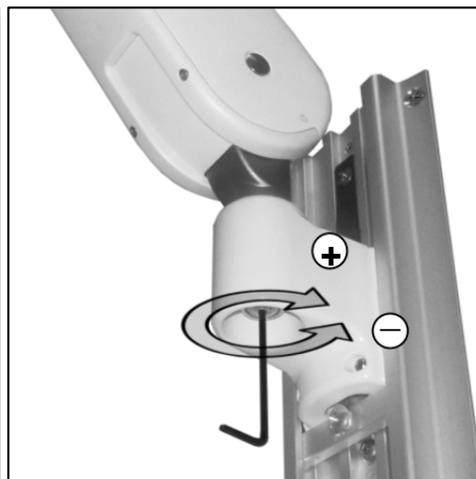
Caution: Before the VHM-25 arm is properly counterbalanced, be sure the weight of the device on the arm can be supported while setting the counterbalance. Use more than one person if required. Some of the following pictures do not show the mounted device for detail purposes

Installation Note: Adjustments are factory pre-set. Adjustments to counterbalance, tilt tension, swivel tension, and pivot tensions may all be required to achieve a proper installation. Detailed instructions for making adjustments follow in the section below. When properly adjusted the mounted device will "float" throughout the height range and can be positioned safely and with a desired feel throughout the full range of motion. Refer to the Routine Maintenance Check List, section (9), for a quick guide to these functional checks.

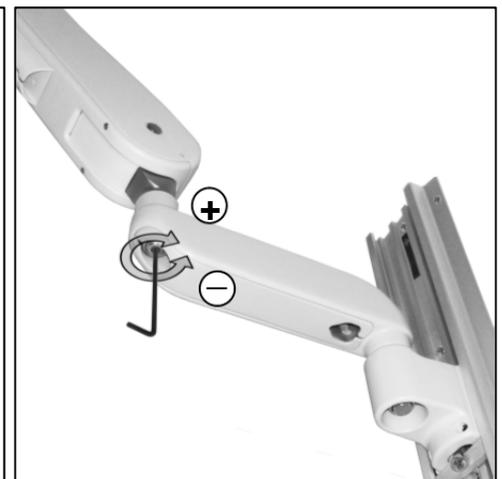
- 6.1 **Counterbalance Adjustment** – Grasp the mounted device and move the Arm to a level horizontal position. Using a 1/8" hex wrench, tighten (+) or loosen (-) the Adjustment Screw. The Adjustment Screw is located under the Core Arm pivot point on the VHM-25. Counterbalance is correctly adjusted when the mounted instrument can be moved up or down with minimal force and does not rise or fall after releasing the Arm. The full range of adjustment is approximately 18 turns.



Counterbalance Adjustment



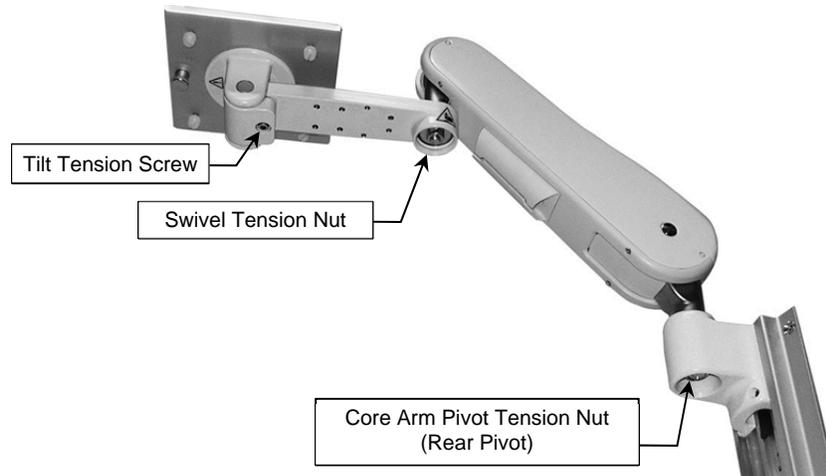
VHM-25 Counterbalance Adjustment Screw



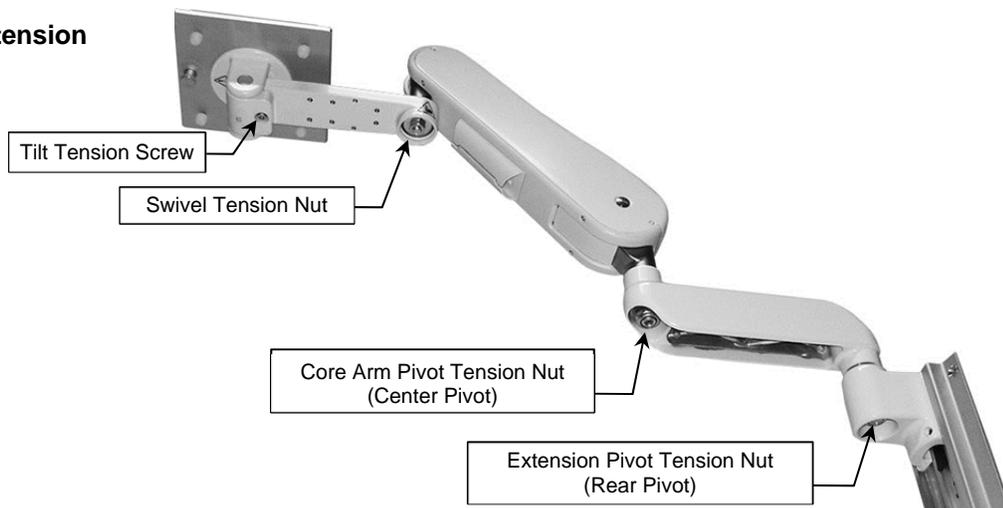
VHM-25 with Extension Counterbalance Adjustment Screw

6.2 Tilt, Swivel, and Pivot Adjustment Points

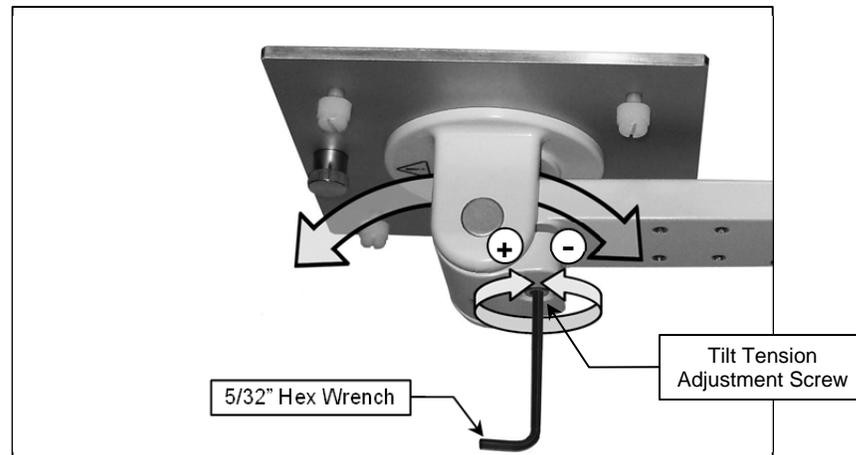
6.2.1 VHM-25



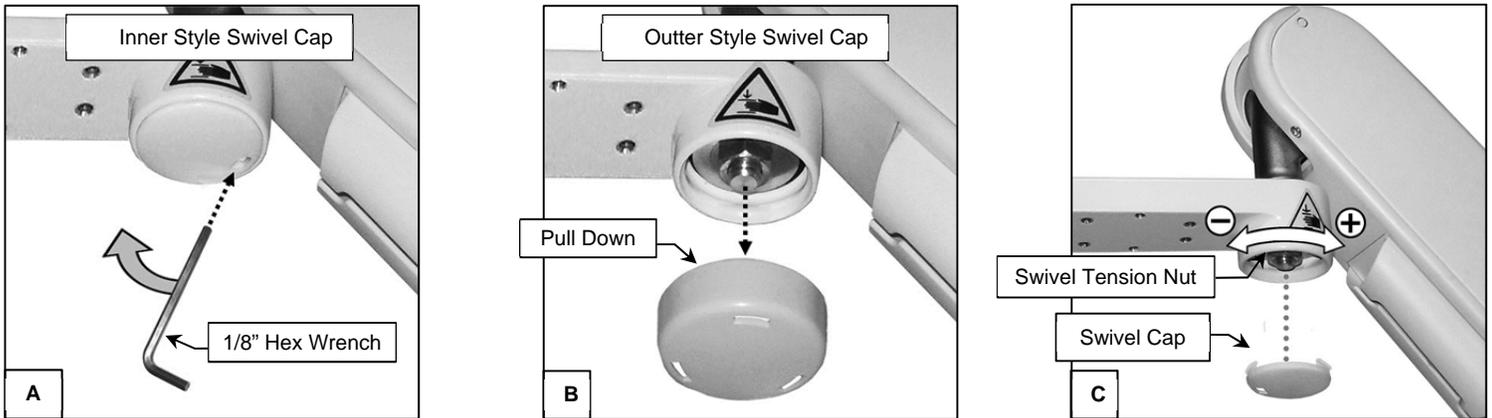
6.2.2 VHM-25 with Extension



6.3 Tilt Tension Adjustment – Using a 5/32 hex wrench, tighten (+) or loosen (-) the Tilt Tension Adjustment Screw until desired Tilt Tension is achieved. Adjustment range is approximately 1/2 turn total. Do not remove or over-torque the Adjustment Screw.

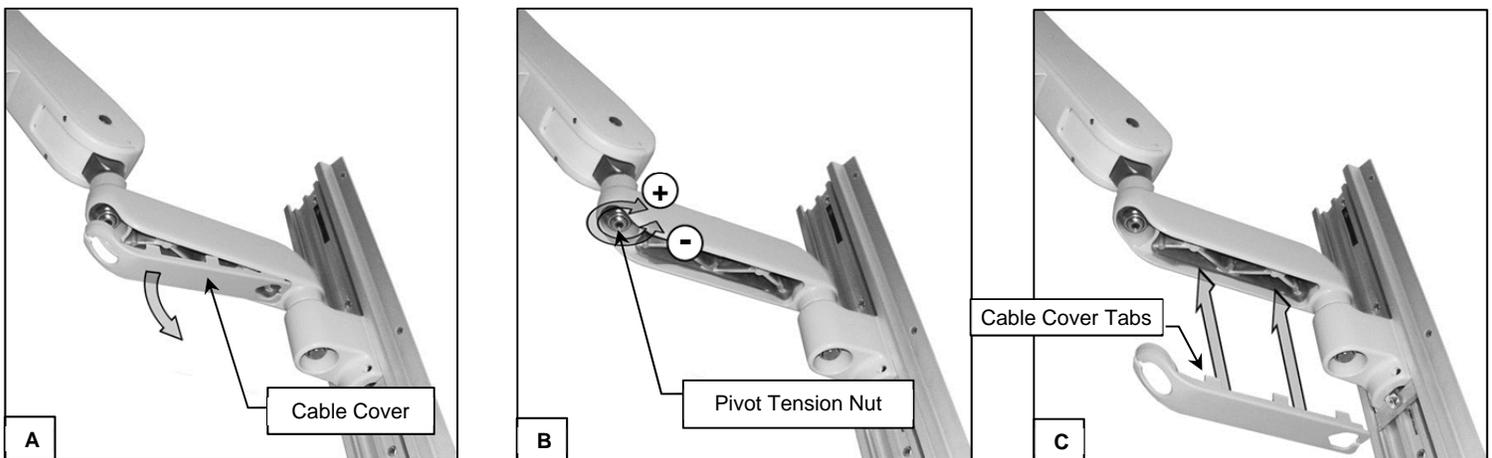


6.4 Swivel Tension Adjustment – Remove the Swivel Cap by inserting the end of the 1/8" hex wrench into the Swivel Cap and rotating outward (Fig. A) or by pulling straight down on the Cap (Fig. B). Tighten (+) or loosen (-) the Swivel Tension Nut with a 1/2" or a 13 mm socket wrench until desired tension is achieved (Fig. C). Do not remove the Swivel Tension Nut. Total adjustment is approximately 1/2 turn. Snap Swivel Cap back into place.

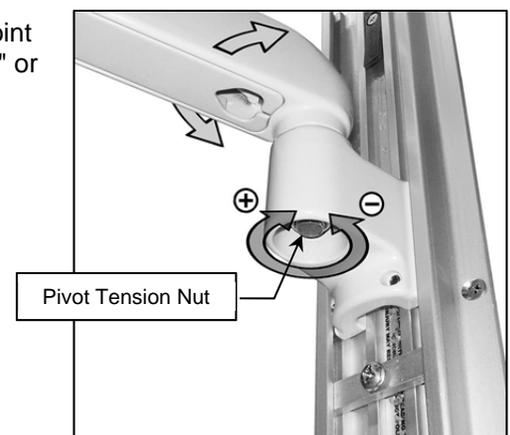


6.5 Center Pivot Tension Adjustment (VHM-25 with Extension)- Insert finger into the front of the Cable Cover and pull down to remove (Fig. A). Tighten (+) or loosen (-) the Pivot Tension Nut with a 3/4" or a 19 mm socket wrench until desired tension is achieved (Fig. B). Push Cable Cover up into the Arm until the tabs on the side of the Cable Cover snap into place (Fig. C). Do not remove the Pivot Tension Nut.

Installation Note: For optimal Arm performance and ease of movement, the rear pivot tension should be adjusted slightly tighter than the center pivot tension (VHM-25 with extension only).



6.6 Rear Pivot Tension Adjustment – To adjust the tension at the rear Pivot Point (closest to channel), tighten (+) or loosen (-) the Pivot Tension Nut with a 3/4" or a 19 mm socket wrench until desired tension is achieved. Do not remove the Pivot Tension Nut.



7.0 Cable Management

7.1 VHM-25 Cable Management- The VHM-25 has three cable management features that allow placement and routing of cables.

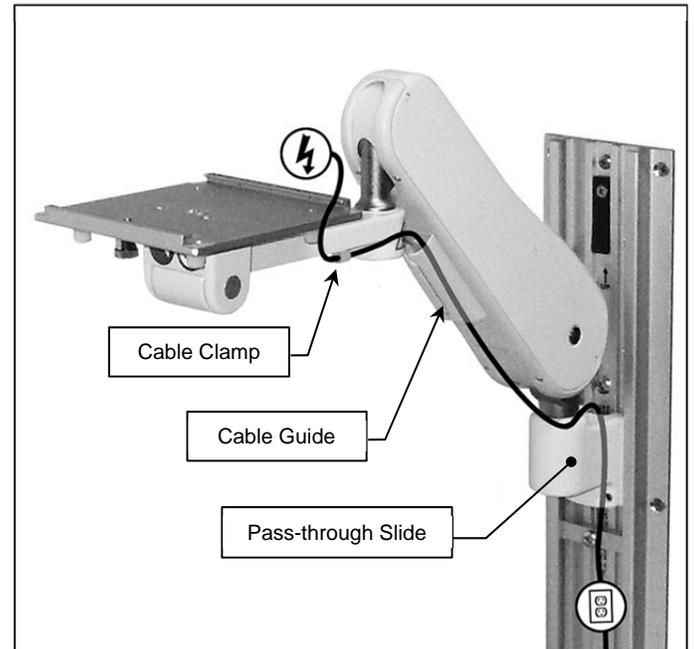
7.1.1 A flexible Cable Guide beneath the arm manages cables going between the front and rear of the arm. To install cables, use your thumb and press cables through the center seam of the Cable Guide (see Fig. A below).

7.1.2 A “pass-through” channel slide allows cables to run behind the arm within the channel.

Note: If cable connectors are too large to fit through the pass-through, try placing the cables in the path of the Slide before installing the arm in the channel.



A Press cables into Cable Guide with thumb.

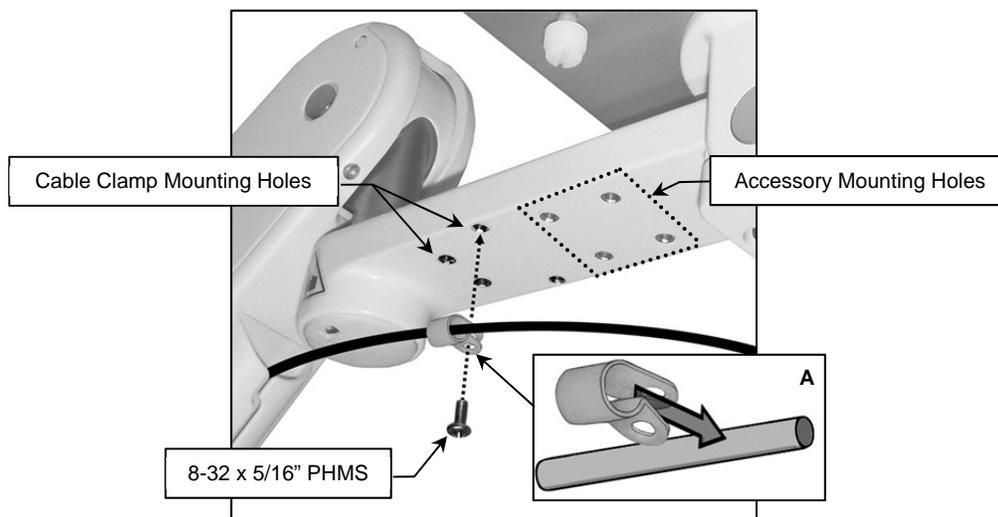


VHM-25 Cable Routing



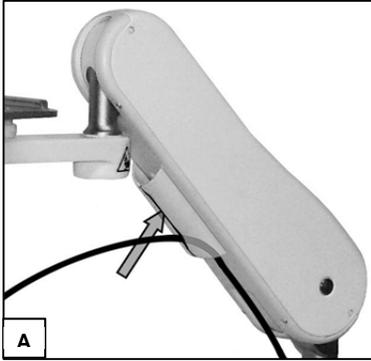
Caution: Keep fingers outside of Cable Guide when installing cables.

7.1.3 Cable Clamps (1/4” and 3/16” diameters) are supplied in order to secure device cables to the underside of the front extension. To install, press Cable Clamp onto cable (Fig. A) and secure with (1) 8-32 x 5/16” PHMS to any of the (4) Cable Clamp Mounting Holes as shown below. Do not use the Accessory Mounting Holes for Cable Clamps. The Arm is designed to accommodate (4) Cable Clamps, however extra Cable Clamps are provided.

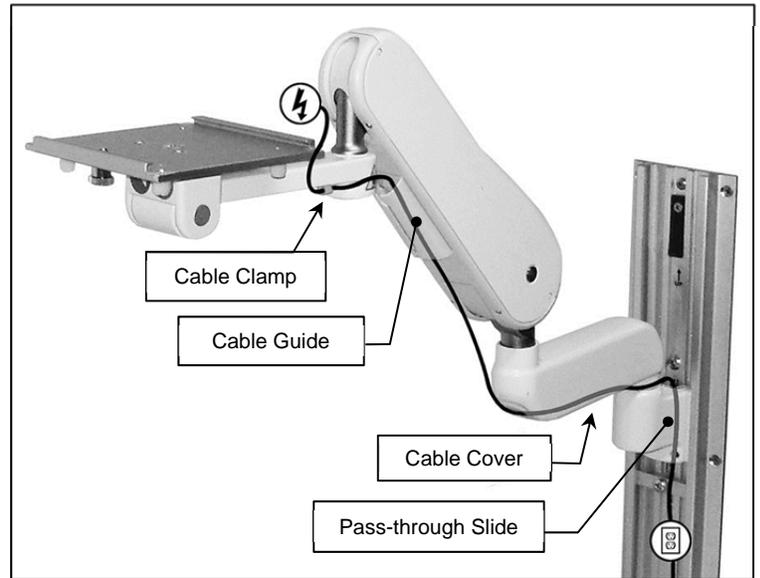


7.2 VHM-25 w/ Extension Cable Management- The VHM-25 w/ Extension has four cable management features that allow placement and routing of cables.

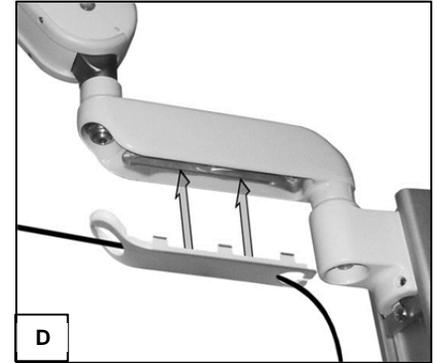
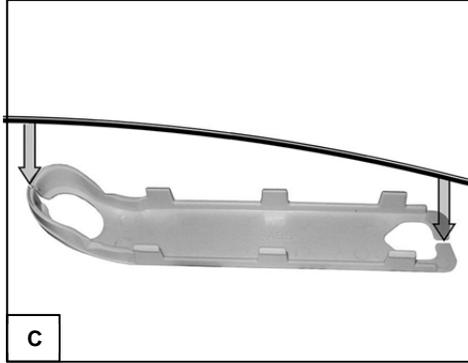
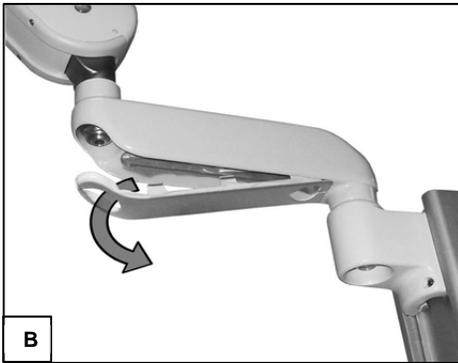
7.2.1 A Flexible Cable Guide beneath the arm manages cables going between the front of the Arm and the Extension. To install cables, use your thumb and press cables through the center seam of the Cable Guide (Fig. A).



Caution: Keep fingers outside of Cable Guide when installing cables.



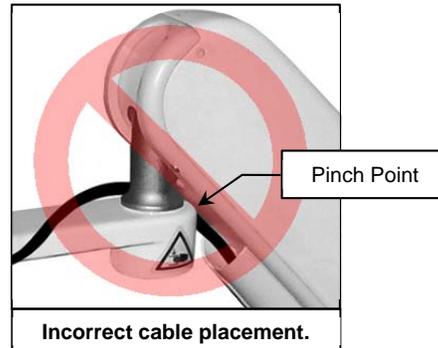
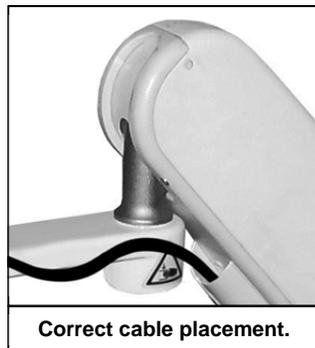
7.2.2 An open cavity beneath the extension with a removable Cable Cover manages cables going between the Arm and the pass-through slide. To install cables, remove Cable Cover by inserting finger into the front of the Cable Cover and pulling down (Fig. B). Push Cables into Cable Cover access holes as shown (Fig. C). Reinstall Cable Cover by pushing it up into the Arm until it snaps into place (Fig. D).



7.2.3 A “pass-through” channel slide allows cables to run behind the arm within the Channel.
Note: If cable connectors are too large to fit through the pass-through, try placing the cables in the path of the Slide before installing the arm in the Channel.

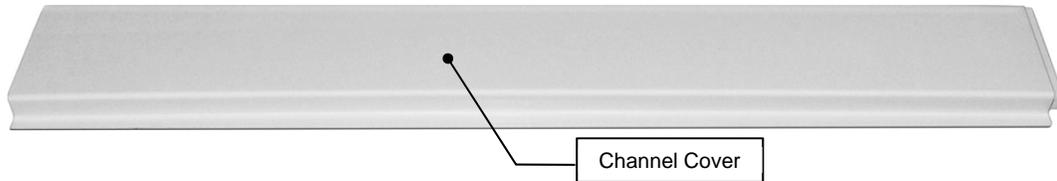
7.2.4 Cable Clamps (1/4” and 3/16” diameters) are supplied in order to secure device cables to the underside of the front extension. Refer to Section 7.1.3 for additional information.

7.3   **Warning:** Route cables away from potential pinch points. A service loop of cable may be needed to accommodate all motion and to prevent cable binding, connector damage, or Cable Guide damage.



8.0 Installing the Channel Cover

Install the Channel Cover in accordance with the separate Installation Guide (DU-UT-0001-20) included with the product.



9.0 Routine Maintenance

The VHM-25 Arm must be inspected and adjusted at least once a year. This inspection must include the steps listed in the Check List below:

✓	Routine Maintenance Check List	Section
	With the device mounted, move the arm through its entire vertical range of motion. The load should maintain its position at every point in the travel of the arm. If necessary, the counterbalance mechanism may be adjusted.	6.1
	Grasp the mounted device and tilt it forward and back, through its entire range of motion. There should be enough tension or resistance in the tilt mechanism to prevent the device from tilting forward unexpectedly when in use. If necessary, the tilt tension may be adjusted.	6.3
	Grasp the mounted device and swivel it from side to side. The device should swivel with some tension or resistance, not loosely. If necessary, the swivel tension may be adjusted.	6.4
	Grasp the Arm and pivot it from side to side at the rear attachment. The arm should pivot with some tension or resistance, not loosely. If necessary, the pivot tension may be adjusted.	6.6
	Grasp the Arm (VHM-25 with Extension) and pivot it from side to side at the center attachment. The arm should pivot with some tension or resistance, not loosely. If necessary, the pivot tension may be adjusted.	6.5
	Inspect fasteners for looseness. Tighten as required for optimal operation and safety.	4.1,4.3, 5.1

10.0 Cleaning the VHM-25 Arm

The VHM-25 Arm may be cleaned with most mild, non-abrasive solutions commonly used in the hospital environment (e.g. diluted bleach, ammonia, or alcohol solutions).

The surface finish will be permanently damaged by strong chemicals and solvents such as acetone and trichloroethylene.

Steel wool or other abrasive material should never be used.

Damage caused by the use of unapproved substances or processes will not be warranted. We recommend testing any cleaning solution on a small area of the arm that is not visible, to verify compatibility.

Never submerge or allow liquids to enter the arm. Wipe any cleaning agents off of the arm immediately using a water-dampened cloth. Dry the arm thoroughly after cleaning.

CAUTION: GCX makes no claims regarding the efficacy of the listed chemicals or processes as a means for controlling infection. Consult your hospital's infection control officer or epidemiologist. To clean or sterilize mounted instruments or accessory equipment, refer to the specific instructions delivered with those products.

11.0 Troubleshooting the VHM-25 Arm

Symptom	Possible Cause	Remedy
Mounted device does not appear level or parallel to the floor.	Channel not plumb. Check with level.	Adjust Channel to plumb, or reinstall Channel.
	Weight of device not compatible with Load Rating of the Arm.	Mount device on arm with compatible Load Rating.
	Swivel hardware loose.	Adjust Swivel Tension (section 6.4).
	Pivot hardware loose.	Adjust Pivot Tension (section 6.5 or 6.6).
	Mounting surface (e.g. wall, side of anesthesia machine, etc.) not structurally sound (does not hold mounting hardware).	Mounting surface must be reinforced or Channel must be relocated.
	Channel loose at mounting surface.	Check for plumb and tighten, or relocate (reinstall) Channel.
Mounted device drifts up or down.	Arm not counterbalanced correctly for weight of the device.	Perform counterbalance adjustment (section 6.1).
	Weight of mounted device not compatible with Load Rating of Arm.	Use arm with compatible Load Rating.
Mounted device difficult to move up or down.	Arm not counterbalanced correctly for weight of mounted instrument.	Perform counterbalance adjustment (section 6.1).
Arm pivots too freely.	Pivot tension is too loose.	Adjust Pivot Tension (section 6.5 or 6.6).
Arm is difficult to pivot.	Pivot tension is too tight.	
Device swivels too freely.	Swivel tension is too loose.	Adjust Swivel Tension (section 6.4).
Device is difficult to swivel.	Swivel tension is too tight.	
Device is difficult to tilt.	Tilt tension is too tight.	Adjust tilt tension (section 6.3).
Device will not maintain tilt position.	Tilt tension is too loose.	
Arm inadvertently slides down Channel.	Set Screws (2) in Slide are loose.	Reposition Arm, tighten set screws in slide, and secure adjustable stop (section 4.0).
	Adjustable Stop is loose or missing.	Install or secure adjustable stop (section 4.0).